stardust danceacademy

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British Gymnastics BRITISH THEATRE DANCE ASSOCIATION IDTA

Oak Cottage Primary School Dance and Gymnastic Clubs

We are pleased to be able to offer the children in Years Reception – year 6 , the chance to join our extra curricular Dance and Gym clubs

In dance club, you will learn modern, pop dances in fun and friendly sessions. You will learn the core skills that dancers require, including working on strength, flexibility, technique and self-confidence. Dancers have the opportunity to perform in our shows when they are allowed to return. The clubs are open to boys and girls with the focus being on "taking part" in the classes and getting fit in a supportive environment, so feel free to either come along to have fun or take it to the performance level.

During gym club, you will learn how to warm up and stretch safely and learn different exercises including cartwheels, jumps and rolls. You can get tips on performing the perfect handstand and other beginner gymnastic moves; as well as learning gymnastic positions, stances and sequences. You can also learn some more advanced artistic gymnastic moves, which will improve your eye-hand-coordination, by using ribbons. Come along to learn how to put all your work together by learning short routines.

Dancers will have the opportunity to showcase their work in performances.
Please note the Gymnastics has moved to a Friday after school

Club	Dates this half term	Time	Classes	Fees
***TUESDAYS* Dance**	8th September – 15th December	3:30 - 4:30pm	Reception and years 1- 6	£112.00
***FRIDAYS* Gymnastics**	11th September – 18th December	3:30 – 4:30pm	Reception and years 1-6	£112.00

To enrol your child please register them at:
https://stardust-dance-academy.class4kids.co.uk
Please pay the term fees by BACs (please reference your child's name and school) or bring cash in a named envelope to the first dance club.
Account name: Stardust Dance
Sort code: 40 41 27
Account number: 71522744
Many thanks,
Stardust Dance Academy.