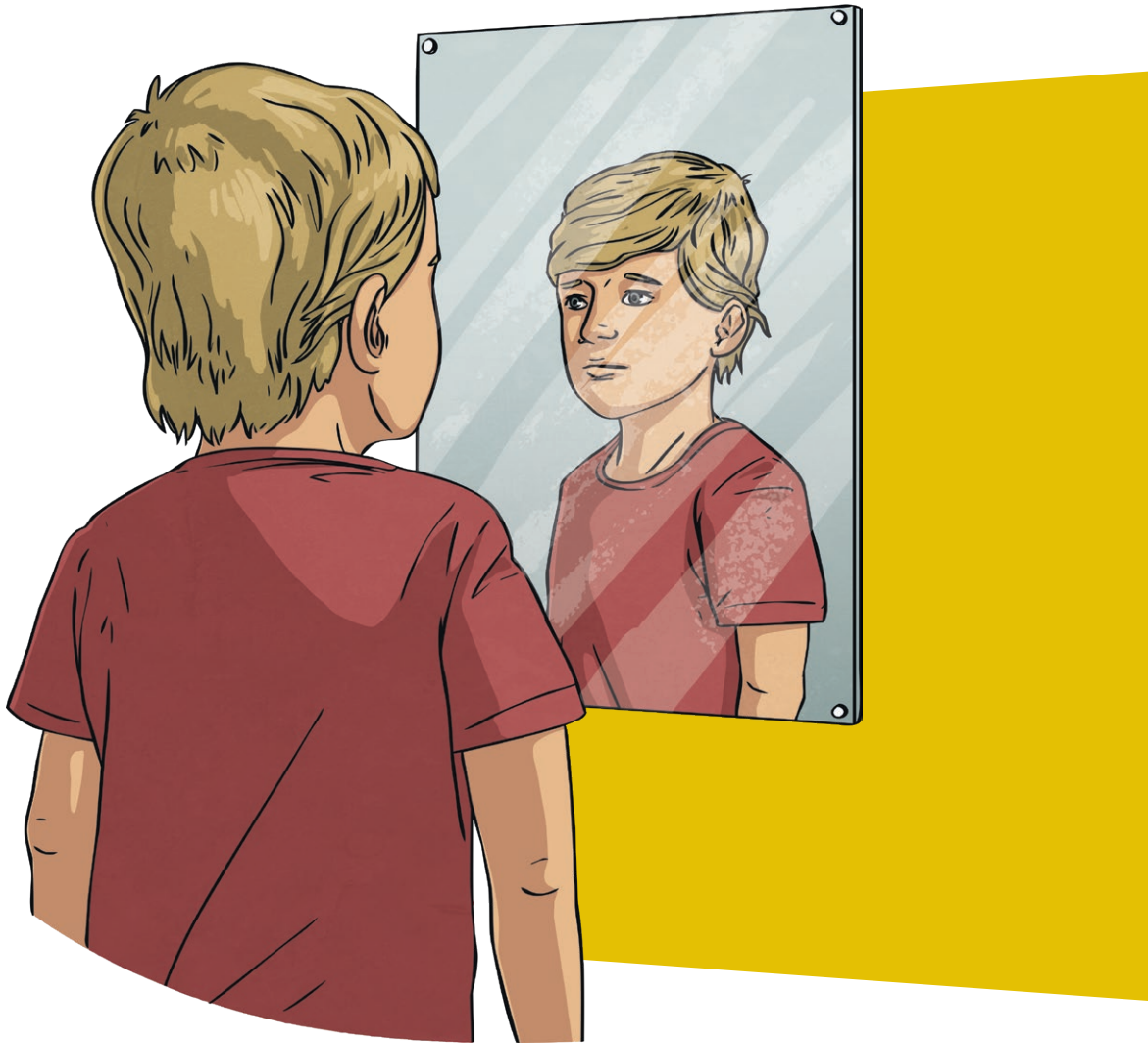


How Do I See Myself?



When you look in the mirror, what do you see?

Can you draw what you see or write words that describe what you see?

You might want to write sentences or just keywords. There is no right or wrong way of doing this; it is up to you.

The adult you are with can ask you questions throughout the activity, or you might prefer to do the activity first and then talk through it.

You can let the adult know what you prefer before you start the activity.

On the next page, there is a picture of a mirror. You can use this to draw or write in.

