

My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Gymnastics : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fitness	Fundamentals	Sending and Receiving	Ball Skills	Striking and Fielding Games	Athletics
	Yoga	Team Building	Gymnastics	Dance	Gymnastics	Dance
Year 2	Fitness	Fundamentals	Sending and Receiving	Striking and Fielding Games	Net and Wall Games	Dance
	Yoga	Gymnastics	Invasion Games	Dance	Gymnastics	Athletics
Year 3	Fundamentals Y3/4	Ball Skills Y3/4	Gymnastics	Football	Gymnastics	Dance
	Swimming	Swimming	Swimming	Swimming	Golf	Athletics
Year 4	Hockey	Fitness	Basketball	Dance	Gymnastics	Athletics
	Tennis	Dance	Gymnastics	Cricket	OAA	Yoga
Year 5	Netball	Fitness	Handball	Dance	Volleyball Y5/6	Football
	Badminton Y5/6	Dance	Gymnastics	Cricket	Gymnastics	Athletics
Year 6	Gymnastics	Basketball	Dodgeball	Rounders	Rugby	Athletics
	Tennis	Dance	Yoga	Gymnastics	Dance	OAA